

# What's on at the Luther Blissett Hub?

**Chair exercise – Tuesdays 10.30am to 11.30am**  
Seated exercises open to all. No need to pre-book – just come along on the day.



**Residents' Coffee Morning – Tuesdays 11.30am to 12.30pm**  
Everyone is welcome!



**Stay and Play sessions – Thursdays 10am to 11am**  
Stay and Play sessions run by Little Blossom Nursery. Suitable for babies and children up to three years.



**Little Blossom Nursery**  
For all enquiries please contact **07791 295 993** or email **littleblossomnurserywatford@outlook.com**

**For all hubs enquiries:**  
Please email **communityhubs@wcht.org.uk** or call **01923 679 664**.